

Abingdon AC Fundamental Group report for 2022.

Serge Convers-Reignier, lead coach

During 2022, we had 2 inductions (Apr and Sept) to take an extra 20 athletes.

We now have a total of 51 athletes who compete in the Oxfordshire Cross-Country, Quadkids and SportsHall.

Competitions are still not compulsory but regular attendance to training sessions is required in order to retain a place in the Club.

Unlike other local athletic clubs, we are a club opened to all kind of abilities and we have taken various athletes with mental and physical disabilities. All athletes train together and no issue regarding discrimination, bad behaviour or bullying.

Fundamental group is composed of Helpers and Assistant Coaches (L1):

Tuesday Team:

Lisa Gilholm (Assistant Coach)

Jane Gelder (Assistant Coach, Stepping down in March-April)

Fiona Betts (Assistant Coach)

Robert Howlin (Helper)

Baptiste Convers-Reignier (Helper, DoE)

Thursday Team:

Samantha Egerton (assistant Coach)

Luke Messinger (Assistant Coach, move to Transition)

Lucy Lindsay (Assistant Coach)

Gary Blake (Helper)

Hara Black (Helper)

Kelly Coles (Helper)

Finally, I have decided to step down from coaching at the end of January. I'd like to take this opportunity to thank you all during my time within this great club that AAC is.