

# Abingdon Athletic Club Health and Safety Policy

## Statement of Intent

- As an Unincorporated Association Abingdon Athletic Club is committed to creating and maintaining the safest possible environment for all members and volunteers to practice athletics.
- Our aim is to protect people as far as 'reasonably practicable'. In many instances, straightforward measures can readily control risks so that our most valuable asset, our people, are protected.

## Abingdon Athletic Club Health and Safety Policy

- It is the policy of Abingdon Athletic Club to ensure, as far as reasonably possible, the health and safety of all athletes and coaches engaged in training and competition with the club.

## Responsibility

- Ultimately it is the responsibility of the respective committee member of the various sections of the club and coaching groups to ensure the H&S policy is communicated to all members, especially coaches, and that it is adhered to.
- Athletics is a varied sport i.e. track, road and field and therefore may require different approaches, however, the responsibilities remain the same. This puts the responsibility on coaches and group leaders to ensure the facilities, conditions, equipment etc. are safe and fit for purpose.
- Similarly this also puts the emphasis on the individual athlete and training groups when it comes to health and safety and all participants are expected to look after themselves and one another when training and competing for the club.
- The policy is to be reviewed annually by the Club Secretary and respective leaders. The Club Committee shall then approve, where appropriate, any changes and the revised policy communicated in the Weekly Email update and on the club website.

## Club Sessions Leadership Roles

- Track and Field Fundamentals Manager
- Track and Field Transition Manager
- Track and Field SDS/Seniors Manager
- Track and Field XC Manager
- Track and Field Vets Team Manager
- Track and Field Road Running Track Coach

## Training

- **Track and Field:** Based at Tilsey Park
- **Road Running and Cross Country:** Based at Tilsey Park (and occasionally Dunmore Road)
- **Chip Tuesday Runs:** Trail Runs from various locations in the area once a month.

## Risk Assessments

See separate document for the identified risk assessments.

<b>Risk Level</b>	<b>Action and Timescale</b>
<b>Low</b>	No action is required to deal with insignificant risks and no documentary records need be kept.
<b>Moderate</b>	No further preventative action is necessary, but consideration should be given to cost effective improvements. Monitoring is required to ensure, so far as reasonably practicable, that the controls are maintained.
<b>High</b>	Activity should not be started until the risk has been reduced. Significant resources may have to be allocated to reduce the risk. Where the risk involves work in progress, the problem should be remedied as quickly as possible.